

13K Ridge Run

Pos	Bib	Name	Club	Finish Time	Gap
Female					
FEMALE 25-29					
1	26	ANDREWS, Rosanna		1:00:00	--
2	215	GLENNIE, Morven		1:09:24	+09:24
3	222	HARTLEV, Mette		1:18:23	+18:23
4	109	O'DONOVAN, Roisin		1:19:39	+19:39
5	46	DRAPER, Caroline		1:23:49	+23:49
6	153	PENDLEBURY, Jessica		1:24:53	+24:53
7	127	STAUNTON, Susannah		1:30:42	+30:42
8	233	KELLY, Rachel		1:42:45	+42:45
9	63	HARRIS, Kayleigh	 THOR	2:01:56	+61:56
FEMALE 30-34					
1	245	LYONS, Sarah	 CRUSADERS AC	1:14:43	--
2	33	BRASEN, Anna Caroline	 FREMAD HOLBÆK/KALUNDBORG SVANE APOTEK	1:16:30	+01:47
FEMALE 35-39					
1	308	MCGUINNESS, Amy	 Crusaders AC	1:05:04	--
2	94	LYONS, Deirdre	 DUBLIN FRONTRUNNERS	1:07:07	+02:03
3	208	FLEMING, Rebecca	 CRUSADERS AC	1:07:17	+02:13
4	56	GALLAGHER, Sally		1:09:37	+04:33
5	99	MCLOUGHIN, Marie		1:11:14	+06:10
6	213	GLEN, Emily	 CRUSADERS AC	1:12:22	+07:18
7	112	PRISTED, Ivana		1:13:18	+08:14
8	235	KENNY, Emer		1:15:17	+10:13
9	210	FOLEY, Margaret		1:16:33	+11:29
10	301	LØFFGREEN, Heidi		1:16:58	+11:54
11	101	MCQUADE, Kelle	 THOR	1:17:42	+12:38
12	366	RASMUSSEN, Mia		1:18:36	+13:32
FEMALE 40-44					
1	7	GINTY, Maura	 SPORTSWORLD AC	1:00:45	--
2	382	WEBBER, Wendy	 MILTON BUZZARD LADIES	1:00:57	+00:12
3	369	RYALL, Linsey	 MILTON BUZZARD LADIES	1:01:44	+00:59
4	297	KENNA, Fiona		1:03:32	+02:47
5	228	INCHLEY, Amy	 MILTON BUZZARD LADIES	1:05:24	+04:39
6	356	O'CONNELL, Deirdre		1:06:16	+05:31
7	82	KELLY, Maria		1:09:07	+08:22
8	242	LORENTZEN, Sara Cbh		1:09:11	+08:26
9	35	BROCKSOPP, Jennifer		1:12:33	+11:48
10	257	MOORE, Elaine		1:16:58	+16:13
11	27	BARKER, Rachel	 THOR	1:17:42	+16:57
12	89	LAWTON, Michelle	 THOR	1:22:05	+21:20
13	229	PARKER, Jurgita	 Ballyshkenocht	1:53:47	+53:02
FEMALE 45-49					
1	240	KRISTOFFERSEN, Maibritt		1:00:38	--
2	234	KELLY, Ruth	 SPORTSWORLD	1:03:58	+03:20
3	194	DALY, Bridget	 BOHERMEEN AC	1:06:47	+06:09
4	373	SINGLETON, Octavia		1:06:49	+06:11
5	174	ARRIBAS PEREZ, Carolina		1:08:49	+08:11
6	13	WALSH, Helen		1:08:53	+08:15

13K Ridge Run

Pos	Bib	Name	Club	Finish Time	Gap
7	230	JENSEN, Pia Chanette	 SPARTA	1:09:15	+08:37
8	243	LOUGHREY, Tish	 DUBLIN FRONT RUNNERS	1:09:38	+09:00
9	361	PACKMAN, Sophie	 GCR	1:11:41	+11:03
10	352	NIXON, Liz		1:15:17	+14:39
11	77	HOW, Ali		1:15:33	+14:55
12	287	FOGARTY, Olive	 Sportsworld A.C.	1:16:01	+15:23
13	83	KENNEDY, Kimberley	 SPORTSWORLD	1:18:08	+17:30
14	220	HAKVOORT, Esther		1:18:49	+18:11
15	380	VAN BOCHOVE, Esther		1:19:35	+18:57
16	67	HASLETTE, Marianne		1:20:13	+19:35
17	322	REIBITZ, Franziska		1:21:45	+21:07
18	283	DUNNE, Claire		1:21:48	+21:10
19	104	NETTLETON, Catherine		1:22:00	+21:22
20	218	GRIFFIN, Caroline	 HERTS RUNNERS	1:23:17	+22:39
21	54	FULLER, Amanda	 BWFAC	1:23:53	+23:15
22	280	DANN, Catherine		1:26:57	+26:19
23	79	HOWELL, Sarah		1:28:05	+27:27
24	332	SMYTH, Karen		1:28:09	+27:31
25	87	LARSON, Heather		1:29:17	+28:39
26	147	TIMPSON, Elaine		1:31:01	+30:23
27	71	HELMHOLT, Joan		1:32:32	+31:54
28	144	DOYLE, Gillian		1:47:04	+46:26
29	312	O KEFFEE, Bridget	 Ballyskenach	1:49:12	+48:34
30	277	CROWLEY, Patricia	 Ballyskenach	1:49:12	+48:34
31	28	BATES, Bridget	 NDRC 1	1:57:12	+56:34

FEMALE 50-54

1	310	MIDTHJELL, Inger Lise	 Joggedamene from Voss	1:08:33	--
2	15	VINTERSBOELLE, Lene		1:12:27	+03:54
3	288	FOLEY, Siobhán	 Dunboyne AC	1:12:34	+04:01
4	289	FØRDE, Randi		1:15:39	+07:06
5	51	FINDLAY, Edna-Jane		1:16:24	+07:51
6	390	OLIVER, Jules	 WEST END RUNNERS	1:16:49	+08:16
7	306	MCCORMACK, Anne		1:28:12	+19:39
8	281	DAVIS, Michelle		1:30:38	+22:05
9	255	MCNAMARA, Anne Marie		1:31:35	+23:02
10	184	CAIRNEY, Victoria	 THOR RUNNING CLUB	1:32:43	+24:10
11	313	O BRIEN, Mags	 Ballyskenach group	1:35:28	+26:55
12	65	HARRIS, Samantha	 THOR	1:38:42	+30:09
13	204	EVANS, Kath	 GARDEN CITY RUNNERS	1:41:42	+33:09
14	14	WALKER, Nickola	 BWFAC	1:44:06	+35:33
15	268	BRIGGS, Sharon	 ATMR	1:49:04	+40:31
16	17	TERRAS, Deborah	 BWFAC	1:54:02	+45:29
17	279	CULLETON, Marie		1:54:10	+45:37
18	37	BRUNDRETT, Susanne		1:57:12	+48:39
19	275	CLEARY, Josephine		1:57:57	+49:24

FEMALE 55-59

1	188	CHISLETT, Lynn		1:05:37	--
2	202	DUNNE, Olwyn	 CRUSADERS	1:08:55	+03:18
3	340	VEDÅ, Ruth		1:09:04	+03:27

13K Ridge Run

Pos	Bib	Name	Club	Finish Time	Gap
4	73	HJORTLUND, Vivi		1:11:34	+05:57
5	284	ELDEGARD, Hilde		1:11:45	+06:08
6	248	MAINWARING, Lesley	 TRIATHLON COACHING WALES	1:11:57	+06:20
7	60	GRAY, Susan		1:12:00	+06:23
8	88	LAURSEN, Susanne Rikki		1:14:02	+08:25
9	323	REIME, Bente		1:15:55	+10:18
10	195	DEMANT, Majbrit		1:15:58	+10:21
11	274	CLAFFEY, Fiona		1:17:11	+11:34
12	25	ANDREWS, Penny		1:17:23	+11:46
13	360	OWEN, Gillian		1:27:46	+22:09
14	47	DRAPER, Doroles		1:28:10	+22:33
15	300	LALOR, Josie		1:30:40	+25:03
16	125	STAUNTON, Marie		1:30:42	+25:05
17	12	WILLIAMS, Christine		1:32:20	+26:43
18	357	O'DWYER, Caroline		1:38:07	+32:30
19	273	CASHMAN, Mairead		1:41:18	+35:41
20	157	NIELSEN, Ida Marie	 Sparta	1:43:38	+38:01
21	76	HOUNSLOW, Helena	 BWFAC	1:54:03	+48:26
22	93	LITTLE, Fiona	 BWFAC	2:02:33	+56:56

FEMALE 60-64

1	385	WILKINS, Penny		1:08:17	--
2	324	REKVE, Sigrun		1:17:18	+09:01
3	386	WILLIAMS, Mel		1:20:01	+11:44
4	120	SMART, Elisabeth		1:24:31	+16:14
5	142	ANDERSON, June		1:29:05	+20:48
6	238	KÖHLER, Christine		1:32:50	+24:33
7	193	CSIZMADIA, Gillian	 WREXHAM AMATEUR ATHLETICS CLUB	1:33:54	+25:37
8	75	HOLRITS, Annette	 SPARTA	1:38:18	+30:01
9	22	AHRENS, Tine		1:38:19	+30:02
10	128	JØRGENSEN, Annette		1:43:05	+34:48

FEMALE 65-69

1	223	HARTLEV, Vibeke Laumann		1:14:17	--
2	34	BRASEN, Inger Annette	 FREMAD HOLBÆK/KALUNDBORG SVANE APOTEK	1:17:04	+02:47
3	139	JOHNSTON, Sheila		1:20:09	+05:52
4	367	RIIS, Hanne	 SPARTA	1:43:00	+28:43
5	172	ANDERSEN, May	 SPARTA	1:43:35	+29:18
6	106	NORRIS, Theresa	 THOR	1:58:27	+44:10

FEMALE 70-74

1	175	ASVARISCH, Miriam		1:19:22	--
2	179	BASTRUP, Gunna		1:34:10	+14:48

Male

MALE 20-24

1	121	SPARROW, Dexter	 BWFAC	0:52:52	--
2	150	IVERSEN, Silas		1:07:14	+14:22

MALE 25-29

1	42	CONLON, Patrick	 CRUSADERS A	0:52:18	--
2	219	GUILFOYLE, James	 TULLAMORE HARRIERS	0:53:58	+01:40
3	114	REASON, Simon	 BWFAC	0:57:25	+05:07

13K Ridge Run

Pos	Bib	Name	Club	Finish Time	Gap
4	224	HARTLEV, Kristian		0:59:44	+07:26
5	201	DUNNE, Matt		0:59:59	+07:41
6	384	WIEMANN, Mathias		1:00:14	+07:56
7	178	BALL, Joseph		1:00:41	+08:23
8	111	PHELAN, Gareth	 CRUSADERS C	1:01:02	+08:44
9	118	SCHMIDT, Florian		1:04:02	+11:44
10	358	ODONNELL, Stephen	 SPORTSWORLD RUNNING CLUB	1:14:00	+21:42
11	110	PEARS, Craig		1:16:14	+23:56
12	32	BOWMAN, Grant	 THOR	1:58:28	+66:10

MALE 30-34

1	362	PARNELL, Colm	 CRUSADERS A	0:50:53	--
2	187	CAVANAGH, Conor	 SPORTSWORLD	0:52:26	+01:33
3	59	GLEESON, Gary		0:54:35	+03:42
4	66	HARTIG, Anders		0:56:44	+05:51
5	43	COOK, Daniel		1:00:00	+09:07
6	61	GREENWOOD, Joe		1:02:29	+11:36
7	347	MURRAY, Phelim	 CRUSADERS B	1:05:13	+14:20
8	96	MATTHEWS, Philip	 CRUSADERS C	1:08:50	+17:57
9	10	CAMPS OLLER, Albert		1:27:11	+36:18
10	9	POVEDANO PEREZ, Alberto		1:27:12	+36:19

MALE 35-39

1	53	FLEMING, Daniel	 MILTON BUZZARDS	0:52:43	--
2	254	MC DERMOTT, Joseph	 CRUSADERS A	0:53:14	+00:31
3	286	FLETCHER, Owen		0:54:47	+02:04
4	91	LAZENBY, David		0:55:08	+02:25
5	359	ORIGAN, Shane	 TULLAMORE HARRIERS	0:55:29	+02:46
6	256	MOORE, Andrew	 FITNESS GOOSE RUN CLUB	0:56:33	+03:50
7	108	O CONNOR, Eoin		0:57:38	+04:55
8	55	GALLAGHER, John Richard		0:59:18	+06:35
9	90	LAZENBY, Christopher		1:01:56	+09:13
10	350	NIELSEN, Frederik	 POLITIETS IDRÆTSFORENING AARHUS	1:02:01	+09:18
11	216	GLYNN, Brendan	 CRUSADERS C	1:06:02	+13:19
12	180	BAUER, Florian		1:10:32	+17:49
13	102	NAPPI, Giovanni		1:11:00	+18:17
14	197	DOGGER, Pieter		1:11:15	+18:32
15	402	DOOLEY, Ronan		1:17:23	+24:40
16	365	PURDY, Neil		1:21:33	+28:50
17	115	REDFERN, Jason		1:24:56	+32:13

MALE 40-44

1	3	MACKRELL, Peter	 MILTON BUZZARDS	0:49:41	--
2	246	MACDONALD, Donnie		0:51:39	+01:58
3	316	OBEIRNE, Paul	 Sportsworld	0:51:44	+02:03
4	4	MURRAN, Gareth	 SPORTSWORLD	0:52:48	+03:07
5	2	ELMORE, Rob	 MILTON BUZZARDS	0:53:08	+03:27
6	244	LOWSON, Richard		0:53:54	+04:13
7	397	O'CONGHOILE, Ronon		0:55:29	+05:48
8	183	BUTLER, Darren	 TULLAMORE HARRIERS	0:57:51	+08:10
9	21	ABERNETTY, Jens		0:59:20	+09:39
10	267	BRANIGAN, Dominick		0:59:51	+10:10

13K Ridge Run

Pos	Bib	Name	Club	Finish Time	Gap
11	117	SALMON, Mark	 FRONT RUNNERS	1:04:09	+14:28
12	100	MCNAB, James	 THOR	1:04:54	+15:13
13	84	KINSELLA, Thomas	 SPORTSWORLD	1:10:36	+20:55
14	211	FURLONG, Adam	 SPORTSWORLD	1:11:52	+22:11
15	136	DAVIES, Phil		1:13:12	+23:31
16	152	LARGE, Chris		1:18:11	+28:30
17	80	KAVANAGH, Alan	 CRUSADERS C	1:26:28	+36:47
18	135	EVANS, Chris		1:26:46	+37:05

MALE 45-49

1	5	FLEMING, Paul	 SPORTSWORLD	0:51:50	--
2	6	INCHLEY, Andy	 MILTON BUZZARDS	0:52:01	+00:11
3	185	CAMPBELL, Steven		0:53:30	+01:40
4	381	WEBBER, Daniel	 MILTON BUZZARDS	0:53:48	+01:58
5	355	NUGENT, Eddie	 CRUSADERS A	0:57:04	+05:14
6	95	MASTERSON, Ronan	 SPORTSWORLD	1:00:12	+08:22
7	58	GILLEN, Martin	 SPORTSWORLD	1:00:26	+08:36
8	343	WALSH, Karl	 Crusaders ac	1:01:08	+09:18
9	393	O DONNELL, Tim	 CRUSADERS B	1:01:17	+09:27
10	337	THEODORSEN, Søren		1:04:42	+12:52
11	200	DOYLE, Martin	 SPORTSWORLD	1:05:40	+13:50
12	391	HAWKSLEY, Gary	 WEST END RUNNERS	1:06:43	+14:53
13	401	DUNN, Stephen	 BWFAC	1:06:58	+15:08
14	298	KENNEDY, Mark	 Northampton Road Runners	1:07:53	+16:03
15	239	KRISTOFFERSEN, Jesper		1:10:18	+18:28
16	38	BUCKLEY, Ray	 DUBLIN FRONTRUNNERS	1:10:38	+18:48
17	191	CORRIGAN, Anthony	 BOHERMEEN AC	1:11:13	+19:23
18	318	ORMOND, Peter		1:47:23	+55:33

MALE 50-54

1	186	CASADO HOLGADO, Javier		0:52:13	--
2	182	BLAZIER, Darren		0:55:22	+03:09
3	70	HELMHOLT, Henrik		0:58:48	+06:35
4	376	STORM, Jens		1:02:56	+10:43
5	319	ØSTERGAARD, Lars Høiriis		1:04:36	+12:23
6	226	HOLM-NIELSEN, Jesper		1:05:54	+13:41
7	18	TERRAS, Anthony	 BWFAC	1:08:29	+16:16
8	265	BOYLE, Shane		1:12:35	+20:22
9	103	COOKE, Ned		1:12:43	+20:30
10	363	PEARS, Bryan		1:22:48	+30:35
11	29	BATES, Gary	 NDRC 1	1:24:54	+32:41
12	177	BALL, Antony		1:27:03	+34:50
13	52	FINLAYSON, James	 THOR	1:32:42	+40:29
14	278	CULLETON, John		1:34:11	+41:58
15	78	HOWELL, Anthony	 THOR	1:34:30	+42:17
16	314	O BRIEN, Tony	 Ballyskenach	1:35:26	+43:13
17	64	HARRIS, Paul	 THOR	1:38:43	+46:30
18	269	BRIGGS, Sam	 ATMR	1:49:04	+56:51

MALE 55-59

1	181	BIJL, Rob		0:57:34	--
2	364	PEART, Dave		1:00:41	+03:07

13K Ridge Run

Pos	Bib	Name	Club	Finish Time	Gap
3	122	SPARROW, Paul	 BWFAC	1:01:28	+03:54
4	57	GILLEN, Anthony	 SPORTSWORLD	1:01:33	+03:59
5	241	LARSEN, Henrik Rentoft	 SPARTA	1:04:02	+06:28
6	388	AHRENS, Frank	 SPARTA	1:05:41	+08:07
7	124	STARGARDT, Jörg	 WELTRAUMJOGGER BERLIN	1:08:00	+10:26
8	251	MARIENDAL, Michael	 SPARTA	1:09:05	+11:31
9	189	CHISLETT, Peter		1:09:47	+12:13
10	227	HØYBYE, Henrik		1:10:09	+12:35
11	41	CIRAKLAR, René		1:10:19	+12:45
12	311	MOORE, Robbie		1:10:20	+12:46
13	370	RYAN, Liam		1:15:14	+17:40
14	400	WEREY, Philippe		1:17:23	+19:49
15	249	MAINWARING, Andrew	 TRIATHLON COACHING WALES	1:19:01	+21:27
16	377	TENNANT, Russell		1:21:05	+23:31
17	368	ROGERS, Thomas		1:21:19	+23:45
18	126	STAUNTON, Mike		1:23:30	+25:56
19	348	NAUGHTON, Paschal		1:24:50	+27:16
20	148	PENDLEBURY, David		1:24:57	+27:23
21	44	CRANE, Derek	 BWFAC	1:25:28	+27:54
22	326	ROMBAUT, Paul		1:29:25	+31:51
23	176	AYLOTT, Wayne		1:37:36	+40:02
24	349	NIELSEN, Per		1:53:16	+55:42

MALE 60-64

1	389	MCLAUGHLIN, Danny	 Greenoak Glenpark Harriers	1:02:23	--
2	375	STOCKINGS, Paul		1:08:55	+06:32
3	302	MAGGIONI, Ettore Vittorio Maria		1:10:10	+07:47
4	49	EDWARDS, Neil		1:12:30	+10:07
5	72	HJORTLUND, Tom		1:14:33	+12:10
6	39	CHARLES, Paul		1:15:23	+13:00
7	36	BROWN, Keith		1:15:40	+13:17
8	317	OGDEN, Mark		1:17:28	+15:05
9	252	MARTIN, Emon		1:19:17	+16:54
10	205	EVANS, Michael	 GARDEN CITY RUNNERS	1:22:15	+19:52
11	209	FLOYD, Ian		1:24:42	+22:19
12	50	ELLIOTT, Andrew		1:24:58	+22:35
13	225	HEDGE, Terry		1:27:01	+24:38
14	113	REASON, John	 BWFAC	1:29:35	+27:12
15	11	WRAY, Peter		1:41:15	+38:52
16	198	DOHENY, Bernard	 TULLAMOREHARRIERS	1:55:44	+53:21
17	62	HAMMERSLEY, Doug		2:02:18	+59:55

MALE 65-69

1	192	COTTLE, James	 CRUSADERS B	1:00:33	--
2	23	AITCHISON, Ian		1:08:10	+07:37
3	378	THIRLAWAY, Malcolm		1:08:59	+08:26
4	214	GLENNIE, James		1:09:32	+08:59
5	19	TAYLOR, John		1:10:26	+09:53
6	259	MORTENSEN, Hans-Åge		1:12:46	+12:13
7	30	BATES, Martin	 BWFAC	1:14:40	+14:07
8	236	KIBREAB, Kiflemariam	 HUDIKSVALL	1:23:25	+22:52

13K Ridge Run

Pos	Bib	Name	Club	Finish Time	Gap
9	231	JOHANNESSEN, Poul-Erik	 SPARTA	1:23:30	+22:57
10	237	KILBY, Andy		1:26:16	+25:43
11	320	OSTERMANN, Rudolf		1:30:48	+30:15
12	199	DOOLEY, Andrew		1:36:24	+35:51
MALE 70-74					
1	387	WINDLING, Anders		1:13:21	--
2	173	ARCHER, John	 SALE HARRIERS	1:16:24	+03:03
3	196	DIEKOTTO, Wolfgang		1:16:42	+03:21
4	105	NORRIS, Dennis	 THOR	2:01:56	+48:35
MALE 75-79					
1	250	MANN, Stuart		1:15:17	--
MALE 85+					
1	354	NORMAN, Peter	 WREXHAM AMATEUR ATHLETICS CLUB	2:00:36	--