

13K Ridge Run

Overall	MF	AG	Bib	Name	AG	Club	Finish	Gap
Lanzarote International Running Challenge 2022 / Night Run 2022								
Female								
FEMALE 25-29								
45	F.4	1	26	Rosanna Andrews	 F25-29		1:00:00	+14:39
107	F.28	2	215	Morven Glennie	 F25-29		1:09:24	+24:03
179	F.65	3	222	Mette Hartlev	 F25-29		1:18:23	+33:02
186	F.70	4	109	Roisin O'Donovan	 F25-29		1:19:39	+34:18
203	F.79	5	46	Caroline Draper	 F25-29		1:23:49	+38:28
208	F.82	6	153	Jessica Pendlebury	 F25-29		1:24:53	+39:32
234	F.94	7	127	Susannah Staunton	 F25-29		1:30:42	+45:21
259	F.110	8	233	Rachel Kelly	 F25-29		1:42:45	+57:24
283	F.128	9	63	Kayleigh Harris	 F25-29	THOR	2:01:56	+1:16:35
FEMALE 30-34								
147	F.44	1	245	Sarah Lyons	 F30-34	CRUSADERS AC	1:14:43	+29:22
162	F.53	2	33	Anna Caroline Brasen	 F30-34	FREMAD HOLBÆK/KALUNDBORG SVANE	1:16:30	+31:09
FEMALE 35-39								
16	F.1	*	379	Catherine Thornton	 F35-39	CRUSADERS	0:52:54	+07:33
74	F.11	1	308	Amy McGuinness	 F35-39	Crusaders AC	1:05:04	+19:43
87	F.17	2	94	Deirdre Lyons	 F35-39	DUBLIN FRONTRUNNERS	1:07:07	+21:46
89	F.18	3	208	Rebecca Fleming	 F35-39	CRUSADERS AC	1:07:17	+21:56
109	F.29	4	56	Sally Gallagher	 F35-39		1:09:37	+24:16
123	F.31	5	99	Marie McLoughlin	 F35-39		1:11:14	+25:53
131	F.37	6	213	Emily Glen	 F35-39	CRUSADERS AC	1:12:22	+27:01
140	F.41	7	112	Ivana Pristed	 F35-39		1:13:18	+27:57
149	F.45	8	235	Emer Kenny	 F35-39		1:15:17	+29:56
163	F.54	9	210	Margaret Foley	 F35-39		1:16:33	+31:12
166	F.56	10	301	Heidi Løffgreen	 F35-39		1:16:58	+31:37
175	F.62	11	101	Kelle McQuade	 F35-39	THOR	1:17:42	+32:21
180	F.66	12	366	Mia Rasmussen	 F35-39		1:18:36	+33:15
FEMALE 40-44								
36	F.3	*	232	Shona Keane	 F40-44	SPORTSWORLD	0:57:44	+12:23
53	F.6	1	7	Maura Ginty	 F40-44	SPORTSWORLD AC	1:00:45	+15:24
54	F.7	2	382	Wendy Webber	 F40-44	MILTON BUZZARD LADIES	1:00:57	+15:36
60	F.8	3	369	Linsey Ryall	 F40-44	MILTON BUZZARD LADIES	1:01:44	+16:23
66	F.9	4	297	Fiona Kenna	 F40-44		1:03:32	+18:11
76	F.12	5	228	Amy Inchley	 F40-44	MILTON BUZZARD LADIES	1:05:24	+20:03
82	F.14	6	356	Deirdre O'Connell	 F40-44		1:06:16	+20:55
104	F.25	7	82	Maria Kelly	 F40-44		1:09:07	+23:46
105	F.26	8	242	Sara Cbh Lorentzen	 F40-44		1:09:11	+23:50
134	F.39	9	35	Jennifer Brocksopp	 F40-44		1:12:33	+27:12
167	F.57	10	257	Elaine Moore	 F40-44		1:16:58	+31:37
176	F.63	11	27	Rachel Barker	 F40-44	THOR	1:17:42	+32:21
196	F.77	12	89	Michelle Lawton	 F40-44	THOR	1:22:05	+36:44
272	F.120	13	229	Jurgita Parker	 F40-44	Ballyshkenocht	1:53:47	+1:08:26
FEMALE 45-49								
50	F.5	1	240	Maibritt Kristoffersen	 F45-49		1:00:38	+15:17
67	F.10	2	234	Ruth Kelly	 F45-49	SPORTSWORLD	1:03:58	+18:37
84	F.15	3	194	Bridget Daly	 F45-49	BOHERMEEN AC	1:06:47	+21:26

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Overa	MF	AG	Bib	Name	AG	Club	Finish	Gap
85	F.16	4	373	Octavia Singleton	 F45-49		1:06:49	+21:28
96	F.21	5	174	Carolina Arribas Perez	 F45-49		1:08:49	+23:28
98	F.22	6	13	Helen Walsh	 F45-49		1:08:53	+23:32
106	F.27	7	230	Pia Chanette Jensen	 F45-49	SPARTA	1:09:15	+23:54
110	F.30	8	243	Tish Loughrey	 F45-49	DUBLIN FRONT RUNNERS	1:09:38	+24:17
126	F.33	9	361	Sophie Packman	 F45-49	GCR	1:11:41	+26:20
150	F.46	10	352	Liz Nixon	 F45-49		1:15:17	+29:56
153	F.47	11	77	Ali How	 F45-49		1:15:33	+30:12
158	F.51	12	287	Olive Fogarty	 F45-49	Sportsworld A.C.	1:16:01	+30:40
177	F.64	13	83	Kimberley Kennedy	 F45-49	SPORTSWORLD	1:18:08	+32:47
181	F.67	14	220	Esther Hakvoort	 F45-49		1:18:49	+33:28
185	F.69	15	380	Esther van Bochove	 F45-49		1:19:35	+34:14
189	F.73	16	67	Marianne Haslette	 F45-49		1:20:13	+34:52
193	F.74	17	322	Franziska Reibitz	 F45-49		1:21:45	+36:24
194	F.75	18	283	Claire Dunne	 F45-49		1:21:48	+36:27
195	F.76	19	104	Catherine Nettleton	 F45-49		1:22:00	+36:39
199	F.78	20	218	Caroline Griffin	 F45-49	HERTS RUNNERS	1:23:17	+37:56
204	F.80	21	54	Amanda Fuller	 F45-49	BWFAC	1:23:53	+38:32
217	F.83	22	280	Catherine Dann	 F45-49		1:26:57	+41:36
223	F.85	23	79	Sarah Howell	 F45-49		1:28:05	+42:44
224	F.86	24	332	Karen Smyth	 F45-49		1:28:09	+42:48
228	F.90	25	87	Heather Larson	 F45-49		1:29:17	+43:56
236	F.95	26	147	Elaine Timpson	 F45-49		1:31:01	+45:40
239	F.98	27	71	Joan Helmholt	 F45-49		1:32:32	+47:11
265	F.116	28	144	Gillian Doyle	 F45-49		1:47:04	+1:01:43
269	F.118	29	312	Bridget O Keffee	 F45-49	Ballyskenach	1:49:12	+1:03:51
270	F.119	30	277	Patricia Crowley	 F45-49	Ballyskenach	1:49:12	+1:03:51
278	F.125	31	28	Bridget Bates	 F45-49	NDRC 1	1:57:12	+1:11:51

FEMALE 50-54

31	F.2	*	97	Angela Mccann	 F50-54		0:56:53	+11:32
95	F.20	1	310	Inger Lise Midthjell	 F50-54	Joggedamene from Voss	1:08:33	+23:12
132	F.38	2	15	Lene Vintersboelle	 F50-54		1:12:27	+27:06
135	F.40	3	288	Siobhán Foley	 F50-54	Dunboyne AC	1:12:34	+27:13
154	F.48	4	289	Randi Førde	 F50-54		1:15:39	+30:18
160	F.52	5	51	Edna-Jane Findlay	 F50-54		1:16:24	+31:03
165	F.55	6	390	Jules Oliver	 F50-54	WEST END RUNNERS	1:16:49	+31:28
226	F.88	7	306	Anne McCormack	 F50-54		1:28:12	+42:51
231	F.91	8	281	Michelle Davis	 F50-54		1:30:38	+45:17
237	F.96	9	255	Anne Marie McNamara	 F50-54		1:31:35	+46:14
241	F.99	10	184	Victoria Cairney	 F50-54	THOR RUNNING CLUB	1:32:43	+47:22
248	F.103	11	313	Mags O'Brien	 F50-54	Ballyskenach group	1:35:28	+50:07
254	F.107	12	65	Samantha Harris	 F50-54	THOR	1:38:42	+53:21
258	F.109	13	204	Kath Evans	 F50-54	GARDEN CITY RUNNERS	1:41:42	+56:21
264	F.115	14	14	Nickola Walker	 F50-54	BWFAC	1:44:06	+58:45
267	F.117	15	268	Sharon Briggs	 F50-54	ATMR	1:49:04	+1:03:43
273	F.121	16	17	Deborah Terras	 F50-54	BWFAC	1:54:02	+1:08:41
275	F.123	17	279	Marie Culleton	 F50-54		1:54:10	+1:08:49
277	F.124	18	37	Susanne Brundrett	 F50-54		1:57:12	+1:11:51
279	F.126	19	275	Josephine Cleary	 F50-54		1:57:57	+1:12:36

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Overa	MF	AG	Bib Name	AG	Club	Finish	Gap
FEMALE 55-59							
77	F.13	1	188 Lynn Chislett	 F55-59		1:05:37	+20:16
99	F.23	2	202 Olwyn Dunne	 F55-59	CRUSADERS	1:08:55	+23:34
102	F.24	3	340 Ruth Vedå	 F55-59		1:09:04	+23:43
125	F.32	4	73 Vivi Hjortlund	 F55-59		1:11:34	+26:13
127	F.34	5	284 Hilde Eldegard	 F55-59		1:11:45	+26:24
129	F.35	6	248 Lesley Mainwaring	 F55-59	TRIATHLON COACHING WALES	1:11:57	+26:36
130	F.36	7	60 Susan Gray	 F55-59		1:12:00	+26:39
143	F.42	8	88 Susanne Rikki Laursen	 F55-59		1:14:02	+28:41
156	F.49	9	323 Bente Reime	 F55-59		1:15:55	+30:34
157	F.50	10	195 Majbrit Demant	 F55-59		1:15:58	+30:37
169	F.59	11	274 Fiona Claffey	 F55-59		1:17:11	+31:50
172	F.61	12	25 Penny Andrews	 F55-59		1:17:23	+32:02
222	F.84	13	360 Gillian Owen	 F55-59		1:27:46	+42:25
225	F.87	14	47 Doroles Draper	 F55-59		1:28:10	+42:49
232	F.92	15	300 Josie Lalor	 F55-59		1:30:40	+45:19
233	F.93	16	125 Marie Staunton	 F55-59		1:30:42	+45:21
238	F.97	17	12 Christine Williams	 F55-59		1:32:20	+46:59
251	F.104	18	357 Caroline O'Dwyer	 F55-59		1:38:07	+52:46
257	F.108	19	273 Mairead Cashman	 F55-59		1:41:18	+55:57
263	F.114	20	157 Ida Marie Nielsen	 F55-59	Sparta	1:43:38	+58:17
274	F.122	21	76 Helena Hounslow	 F55-59	BWFAC	1:54:03	+1:08:42
286	F.129	22	93 Fiona Little	 F55-59	BWFAC	2:02:33	+1:17:12
FEMALE 60-64							
93	F.19	1	385 Penny Wilkins	 F60-64		1:08:17	+22:56
170	F.60	2	324 Sigrun Rekve	 F60-64		1:17:18	+31:57
187	F.71	3	386 Mel Williams	 F60-64		1:20:01	+34:40
205	F.81	4	120 Elisabeth Smart	 F60-64		1:24:31	+39:10
227	F.89	5	142 June Anderson	 F60-64		1:29:05	+43:44
242	F.100	6	238 Christine Köhler	 F60-64		1:32:50	+47:29
243	F.101	7	193 Gillian Csizmadia	 F60-64	WREXHAM AMATEUR ATHLETICS CLUB	1:33:54	+48:33
252	F.105	8	75 Annette Holrits	 F60-64	SPARTA	1:38:18	+52:57
253	F.106	9	22 Tine Ahrens	 F60-64		1:38:19	+52:58
261	F.112	10	128 Annette Jørgensen	 F60-64		1:43:05	+57:44
FEMALE 65-69							
144	F.43	1	223 Vibeke Laumann Hartlev	 F65-69		1:14:17	+28:56
168	F.58	2	34 Inger Annette Brasen	 F65-69	FREMAD HOLBÆK/KALUNDBORG SVANE	1:17:04	+31:43
188	F.72	3	139 Sheila Johnston	 F65-69		1:20:09	+34:48
260	F.111	4	367 Hanne Riis	 F65-69	SPARTA	1:43:00	+57:39
262	F.113	5	172 May Andersen	 F65-69	SPARTA	1:43:35	+58:14
280	F.127	6	106 Theresa Norris	 F65-69	THOR	1:58:27	+1:13:06
FEMALE 70-74							
184	F.68	1	175 Miriam Asvarisch	 F70-74		1:19:22	+34:01
244	F.102	2	179 Gunna Bastrup	 F70-74		1:34:10	+48:49
Male							
MALE 20-24							
15	M.15	1	121 Dexter Sparrow	 M20-24	BWFAC	0:52:52	+07:31
88	M.71	2	150 Silas Iversen	 M20-24		1:07:14	+21:53

13K Ridge Run

Overall	MF	AG	Bib	Name	AG	Club	Finish	Gap
MALE 25-29								
11	M.11	1	42	Patrick Conlon		M25-29 CRUSADERS A	0:52:18	+06:57
22	M.21	2	219	James Guilfoyle		M25-29 TULLAMORE HARRIERS	0:53:58	+08:37
33	M.31	3	114	Simon Reason		M25-29 BWFAC	0:57:25	+12:04
41	M.38	4	224	Kristian Hartlev		M25-29	0:59:44	+14:23
43	M.40	5	201	Matt Dunne		M25-29	0:59:59	+14:38
47	M.43	6	384	Mathias Wiemann		M25-29	1:00:14	+14:53
52	M.47	7	178	Joseph Ball		M25-29	1:00:41	+15:20
55	M.48	8	111	Gareth Phelan		M25-29 CRUSADERS C	1:01:02	+15:41
69	M.59	9	118	Florian Schmidt		M25-29	1:04:02	+18:41
142	M.101	10	358	Stephen Odonnell		M25-29 SPORTSWORLD RUNNING CLUB	1:14:00	+28:39
159	M.108	11	110	Craig Pears		M25-29	1:16:14	+30:53
281	M.154	12	32	Grant Bowman		M25-29 THOR	1:58:28	+1:13:07
MALE 30-34								
2	M.2	*	1	Kasper Laumann Hartlev		M30-34 HECHMANN RACING CLUB	0:46:41	+01:20
5	M.5	1	362	Colm Parnell		M30-34 CRUSADERS A	0:50:53	+05:32
12	M.12	2	187	Conor Cavanagh		M30-34 SPORTSWORLD	0:52:26	+07:05
23	M.22	3	59	Gary Gleeson		M30-34	0:54:35	+09:14
30	M.29	4	66	Anders Hartig		M30-34	0:56:44	+11:23
44	M.41	5	43	Daniel Cook		M30-34	1:00:00	+14:39
64	M.56	6	61	Joe Greenwood		M30-34	1:02:29	+17:08
75	M.64	7	347	Phelim Murray		M30-34 CRUSADERS B	1:05:13	+19:52
97	M.76	8	96	Philip Matthews		M30-34 CRUSADERS C	1:08:50	+23:29
220	M.137	9	10	Albert Camps Oller		M30-34	1:27:11	+41:50
221	M.138	10	9	Alberto Povedano Perez		M30-34	1:27:12	+41:51
MALE 35-39								
1	M.1	*	374	Bas Stigter		M35-39	0:45:21	--
3	M.3	*	31	Aladdin Bouhania		M35-39 CINTAMIND	0:48:25	+03:04
13	M.13	1	53	Daniel Fleming		M35-39 MILTON BUZZARDS	0:52:43	+07:22
18	M.17	2	254	Joseph Mc dermott		M35-39 CRUSADERS A	0:53:14	+07:53
24	M.23	3	286	Owen Fletcher		M35-39	0:54:47	+09:26
25	M.24	4	91	David Lazenby		M35-39	0:55:08	+09:47
28	M.27	5	359	Shane Origan		M35-39 TULLAMORE HARRIERS	0:55:29	+10:08
29	M.28	6	256	Andrew Moore		M35-39 FITNESS GOOSE RUN CLUB	0:56:33	+11:12
35	M.33	7	108	Eoin O Connor		M35-39	0:57:38	+12:17
39	M.36	8	55	John Richard Gallagher		M35-39	0:59:18	+13:57
61	M.53	9	90	Christopher Lazenby		M35-39	1:01:56	+16:35
62	M.54	10	350	Frederik Nielsen		M35-39 POLITIETS IDRÆTSFORENING AARHUS	1:02:01	+16:40
81	M.68	11	216	Brendan Glynn		M35-39 CRUSADERS C	1:06:02	+20:41
118	M.88	12	180	Florian Bauer		M35-39	1:10:32	+25:11
121	M.91	13	102	Giovanni Nappi		M35-39	1:11:00	+25:39
124	M.93	14	197	Pieter Dogger		M35-39	1:11:15	+25:54
173	M.112	15	402	Ronan Dooley		M35-39	1:17:23	+32:02
192	M.119	16	365	Neil Purdy		M35-39	1:21:33	+36:12
210	M.128	17	115	Jason Redfern		M35-39	1:24:56	+39:35
MALE 40-44								
4	M.4	1	3	Peter Mackrell		M40-44 MILTON BUZZARDS	0:49:41	+04:20
6	M.6	2	246	Donnie Macdonald		M40-44	0:51:39	+06:18
7	M.7	3	316	Paul Obeirne		M40-44 Sportsworld	0:51:44	+06:23

13K Ridge Run

Overa	MF	AG	Bib	Name	AG	Club	Finish	Gap
14	M.14	4	4	Gareth Murrin	 	M40-44 SPORTSWORLD	0:52:48	+07:27
17	M.16	5	2	Rob Elmore		M40-44 MILTON BUZZARDS	0:53:08	+07:47
21	M.20	6	244	Richard Lowson		M40-44	0:53:54	+08:33
27	M.26	7	397	Ronon O'Conghoile		M40-44	0:55:29	+10:08
37	M.34	8	183	Darren Butler		M40-44 TULLAMORE HARRIERS	0:57:51	+12:30
40	M.37	9	21	Jens Abernethy		M40-44	0:59:20	+13:59
42	M.39	10	267	Dominick Branigan		M40-44	0:59:51	+14:30
70	M.60	11	117	Mark Salmon		M40-44 FRONT RUNNERS	1:04:09	+18:48
73	M.63	12	100	James McNab		M40-44 THOR	1:04:54	+19:33
119	M.89	13	84	Thomas Kinsella		M40-44 SPORTSWORLD	1:10:36	+25:15
128	M.94	14	211	Adam Furlong		M40-44 SPORTSWORLD	1:11:52	+26:31
139	M.99	15	136	Phil Davies		M40-44	1:13:12	+27:51
178	M.114	16	152	Chris Large		M40-44	1:18:11	+32:50
215	M.133	17	80	Alan Kavanagh		M40-44 CRUSADERS C	1:26:28	+41:07
216	M.134	18	135	Chris Evans		M40-44	1:26:46	+41:25

MALE 45-49

8	M.8	1	5	Paul Fleming		M45-49 SPORTSWORLD	0:51:50	+06:29
9	M.9	2	6	Andy Inchley		M45-49 MILTON BUZZARDS	0:52:01	+06:40
19	M.18	3	185	Steven Campbell		M45-49	0:53:30	+08:09
20	M.19	4	381	Daniel Webber		M45-49 MILTON BUZZARDS	0:53:48	+08:27
32	M.30	5	355	Eddie Nugent		M45-49 CRUSADERS A	0:57:04	+11:43
46	M.42	6	95	Ronan Masterson		M45-49 SPORTSWORLD	1:00:12	+14:51
48	M.44	7	58	Martin Gillen		M45-49 SPORTSWORLD	1:00:26	+15:05
56	M.49	8	343	Karl Walsh		M45-49 Crusaders ac	1:01:08	+15:47
57	M.50	9	393	Tim O Donnell		M45-49 CRUSADERS B	1:01:17	+15:56
72	M.62	10	337	Søren Theodorsen		M45-49	1:04:42	+19:21
78	M.65	11	200	Martin Doyle		M45-49 SPORTSWORLD	1:05:40	+20:19
83	M.69	12	391	Gary Hawksley		M45-49 WEST END RUNNERS	1:06:43	+21:22
86	M.70	13	401	Stephen Dunn		M45-49 BWFAC	1:06:58	+21:37
90	M.72	14	298	Mark Kennedy		M45-49 Northampton Road Runners	1:07:53	+22:32
114	M.84	15	239	Jesper Kristoffersen		M45-49	1:10:18	+24:57
120	M.90	16	38	Ray Buckley		M45-49 DUBLIN FRONTRUNNERS	1:10:38	+25:17
122	M.92	17	191	Anthony Corrigan		M45-49 BOHERMEEN AC	1:11:13	+25:52
266	M.150	18	318	Peter Ormond		M45-49	1:47:23	+1:02:02

MALE 50-54

10	M.10	1	186	Javier Casado Holgado		M50-54	0:52:13	+06:52
26	M.25	2	182	Darren Blazier		M50-54	0:55:22	+10:01
38	M.35	3	70	Henrik Helmholt		M50-54	0:58:48	+13:27
65	M.57	4	376	Jens Storm		M50-54	1:02:56	+17:35
71	M.61	5	319	Lars Høiriis Østergaard		M50-54	1:04:36	+19:15
80	M.67	6	226	Jesper Holm-Nielsen		M50-54	1:05:54	+20:33
94	M.75	7	18	Anthony Terras		M50-54 BWFAC	1:08:29	+23:08
136	M.96	8	265	Shane Boyle		M50-54	1:12:35	+27:14
137	M.97	9	103	Ned Cooke		M50-54	1:12:43	+27:22
198	M.121	10	363	Bryan Pears		M50-54	1:22:48	+37:27
209	M.127	11	29	Gary Bates		M50-54 NDRC 1	1:24:54	+39:33
219	M.136	12	177	Antony Ball		M50-54	1:27:03	+41:42
240	M.142	13	52	James Finlayson		M50-54 THOR	1:32:42	+47:21
245	M.143	14	278	John Culleton		M50-54	1:34:11	+48:50

13K Ridge Run

Overall	MF	AG	Bib	Name	AG	Club	Finish	Gap
246	M.144	15	78	Anthony Howell	 M50-54	THOR	1:34:30	+49:09
247	M.145	16	314	Tony O'Brien	 M50-54	Ballyskenach	1:35:26	+50:05
255	M.148	17	64	Paul Harris	 M50-54	THOR	1:38:43	+53:22
268	M.151	18	269	Sam Briggs	 M50-54	ATMR	1:49:04	+1:03:43

MALE 55-59

34	M.32	1	181	Rob Bijl	 M55-59		0:57:34	+12:13
51	M.46	2	364	Dave Peart	 M55-59		1:00:41	+15:20
58	M.51	3	122	Paul Sparrow	 M55-59	BWFAC	1:01:28	+16:07
59	M.52	4	57	Anthony Gillen	 M55-59	SPORTSWORLD	1:01:33	+16:12
68	M.58	5	241	Henrik Rentoft Larsen	 M55-59		1:04:02	+18:41
79	M.66	6	388	Frank Ahrens	 M55-59	SPARTA	1:05:41	+20:20
91	M.73	7	124	Jörg Stargardt	 M55-59	WELTRAUMJOGGER BERLIN	1:08:00	+22:39
103	M.79	8	251	Michael Mariendal	 M55-59	SPARTA	1:09:05	+23:44
111	M.81	9	189	Peter Chislett	 M55-59		1:09:47	+24:26
112	M.82	10	227	Henrik Høybye	 M55-59		1:10:09	+24:48
115	M.85	11	41	René Ciraklar	 M55-59		1:10:19	+24:58
116	M.86	12	311	Robbie Moore	 M55-59		1:10:20	+24:59
148	M.104	13	370	Liam Ryan	 M55-59		1:15:14	+29:53
171	M.111	14	400	Philippe Wery	 M55-59		1:17:23	+32:02
182	M.115	15	249	Andrew Mainwaring	 M55-59	TRIATHLON COACHING WALES	1:19:01	+33:40
190	M.117	16	377	Russell Tennant	 M55-59		1:21:05	+35:44
191	M.118	17	368	Thomas Rogers	 M55-59		1:21:19	+35:58
202	M.124	18	126	Mike Staunton	 M55-59		1:23:30	+38:09
207	M.126	19	348	Paschal Naughton	 M55-59		1:24:50	+39:29
211	M.129	20	148	David Pendlebury	 M55-59		1:24:57	+39:36
213	M.131	21	44	Derek Crane	 M55-59	BWFAC	1:25:28	+40:07
229	M.139	22	326	Paul Rombaut	 M55-59		1:29:25	+44:04
250	M.147	23	176	Wayne Aylott	 M55-59		1:37:36	+52:15
271	M.152	24	349	Per Nielsen	 M55-59		1:53:16	+1:07:55

MALE 60-64

63	M.55	1	389	Danny McLaughlin	 M60-64	Greenoak Glenpark Harriers	1:02:23	+17:02
100	M.77	2	375	Paul Stockings	 M60-64		1:08:55	+23:34
113	M.83	3	302	Ettore Vittorio Maria	 M60-64		1:10:10	+24:49
133	M.95	4	49	Neil Edwards	 M60-64		1:12:30	+27:09
145	M.102	5	72	Tom Hjortlund	 M60-64		1:14:33	+29:12
152	M.106	6	39	Paul Charles	 M60-64		1:15:23	+30:02
155	M.107	7	36	Keith Brown	 M60-64		1:15:40	+30:19
174	M.113	8	317	Mark Ogden	 M60-64		1:17:28	+32:07
183	M.116	9	252	Emon Martin	 M60-64		1:19:17	+33:56
197	M.120	10	205	Michael Evans	 M60-64	GARDEN CITY RUNNERS	1:22:15	+36:54
206	M.125	11	209	Ian Floyd	 M60-64		1:24:42	+39:21
212	M.130	12	50	Andrew Elliott	 M60-64		1:24:58	+39:37
218	M.135	13	225	Terry Hedge	 M60-64		1:27:01	+41:40
230	M.140	14	113	John Reason	 M60-64	BWFAC	1:29:35	+44:14
256	M.149	15	11	Peter Wray	 M60-64		1:41:15	+55:54
276	M.153	16	198	Bernard Doheny	 M60-64	TULLAMOREHARRIERS	1:55:44	+1:10:23
285	M.157	17	62	Doug Hammersley	 M60-64		2:02:18	+1:16:57

MALE 65-69

49	M.45	1	192	James Cottle	 M65-69	CRUSADERS B	1:00:33	+15:12
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13K Ridge Run

Overall	MF	AG	Bib	Name	AG	Club	Finish	Gap
92	M.74	2	23	Ian Aitchison	 M65-69		1:08:10	+22:49
101	M.78	3	378	Malcolm Thirlaway	 M65-69		1:08:59	+23:38
108	M.80	4	214	James Glennie	 M65-69		1:09:32	+24:11
117	M.87	5	19	John Taylor	 M65-69		1:10:26	+25:05
138	M.98	6	259	Hans-Åge Mortensen	 M65-69		1:12:46	+27:25
146	M.103	7	30	Martin Bates	 M65-69	BWFAC	1:14:40	+29:19
200	M.122	8	236	Kiflemariam Kibreab	 M65-69	HUDIKSVALL	1:23:25	+38:04
201	M.123	9	231	Poul-Erik Johannessen	 M65-69	SPARTA	1:23:30	+38:09
214	M.132	10	237	Andy Kilby	 M65-69		1:26:16	+40:55
235	M.141	11	320	Rudolf Ostermann	 M65-69		1:30:48	+45:27
249	M.146	12	199	Andrew Dooley	 M65-69		1:36:24	+51:03

MALE 70-74

141	M.100	1	387	Anders Windling	 M70-74		1:13:21	+28:00
161	M.109	2	173	John Archer	 M70-74	SALE HARRIERS	1:16:24	+31:03
164	M.110	3	196	Wolfgang Diekotto	 M70-74		1:16:42	+31:21
284	M.156	4	105	Dennis Norris	 M70-74	THOR	2:01:56	+1:16:35

MALE 75-79

151	M.105	1	250	Stuart Mann	 M75-79		1:15:17	+29:56
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MALE 85+

282	M.155	1	354	Peter Norman	 M85+	WREXHAM AMATEUR ATHLETICS CLUB	2:00:36	+1:15:15
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