

20-23 NOVEMBER 2022

13K Ridge Run

	Bib	Name	DateOfBirth	ShowFlag	Age	Time
-ema	ale					
1st	Sportsworld 1		3h02"27'			
1	232	KEANE, Shona	1982		FEMALE 40-44	0:57:44
2	7	GINTY, Maura	1980		FEMALE 40-44	1:00:45
3	234	KELLY, Ruth	1974		FEMALE 45-49	1:03:58
4	356	O'CONNELL, Deirdre	1981		FEMALE 40-44	1:06:16
2nd	Milton B	uzzards	3h08"05'			
	382	WEBBER, Wendy	1978		FEMALE 40-44	1:00:57
2	369	RYALL, Linsey	1980		FEMALE 40-44	1:01:44
}	228	INCHLEY, Amy	1981		FEMALE 40-44	1:05:24
3rd	Crusade	•	3h09"06'			
	379	THORNTON, Cather	ine 1985		FEMALE 35-39	0:52:54
<u>)</u>	208	FLEMING, Rebecca	1986		FEMALE 35-39	1:07:17
}	202	DUNNE, Olwyn	1966		FEMALE 55-59	1:08:55
ļ	245	LYONS, Sarah	1992		FEMALE 30-34	1:14:43
4th	Crusade	Crusaders B 3h42"56'				
	213	GLEN, Emily	1987		FEMALE 35-39	1:12:22
)	235	KENNY, Emer	1983		FEMALE 35-39	1:15:17
3	352	NIXON, Liz	1977		FEMALE 45-49	1:15:17
ļ	210	FOLEY, Margaret	1985		FEMALE 35-39	1:16:33
ōth	herts and	d hearts 1	3h44"12'			
	361	PACKMAN, Sophie	1974		FEMALE 45-49	1:11:41
	77	HOW, Ali	1975		FEMALE 45-49	1:15:33
}	257	MOORE, Elaine	1981		FEMALE 40-44	1:16:58
ith	h herts and hearts 2 4h43"06'					
	218	GRIFFIN, Caroline	1973		FEMALE 45-49	1:23:17
-	357	O'DWYER, Caroline	1967		FEMALE 55-59	1:38:07
	204	EVANS, Kath	1970		FEMALE 50-54	1:41:42
7th	BWFAC		5h02"01'			
	54	FULLER, Amanda	1975		FEMALE 45-49	1:23:53
)	14	WALKER, Nickola	1971		FEMALE 50-54	1:44:06
}	17	TERRAS, Deborah	1971		FEMALE 50-54	1:54:02
1	93	LITTLE, Fiona	1966		FEMALE 55-59	2:02:33



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	Bib	Name	DateOfBirth	ShowFlag	Age	Time
Male						
st	Milton B	uzzards 2h	34"25'			
	3	MACKRELL, Peter	1982		MALE 40-44	0:49:41
2	6	INCHLEY, Andy	1976		MALE 45-49	0:52:01
}	53	FLEMING, Daniel	1986		MALE 35-39	0:52:43
ļ	2	ELMORE, Rob	1980		MALE 40-44	0:53:08
2nd	CRUSAD	ERS A 2h	36"25'			
	362	PARNELL, Colm	1991		MALE 30-34	0:50:53
	42	CONLON, Patrick	1993		MALE 25-29	0:52:18
	254	MC DERMOTT, Joseph			MALE 35-39	0:53:14
	355	NUGENT, Eddie	1974		MALE 45-49	0:57:04
rd	Sportsw		37"04'		1111/122 10 15	0.07.01
Tu	5	FLEMING, Paul	1975		MALE 45-49	0:51:50
	187	CAVANAGH, Conor	1992		MALE 30-34	0:52:26
	4	MURRAN, Gareth	1992		MALE 40-44	0:52:26
	81	KEATING, Conor	1989		MALE 30-34	0.52.48 DNF
th			47"18'	_	WALL 30-34	DINI
HUII	219	GUILFOYLE, James	1995		MALE 25-29	0:53:58
		,			MALE 35-39	0:55:29
	359 183	ORIGAN, Shane	1983 1980			
·+ b		BUTLER, Darren			MALE 40-44	0:57:51
th	BWFAC /		51"45'		1411 5 00 04	0.50.50
	121	SPARROW, Dexter	2000		MALE 20-24	0:52:52
	114	REASON, Simon	1995		MALE 25-29	0:57:25
	122	SPARROW, Paul	1967		MALE 55-59	1:01:28
	401	DUNN, Stephen	1977		MALE 45-49	1:06:58
th	Charlie C		01"46'			
	244	LOWSON, Richard	1981		MALE 40-44	0:53:54
	182	BLAZIER, Darren	1972		MALE 50-54	0:55:22
	49	EDWARDS, Neil	1961		MALE 60-64	1:12:30
	176	AYLOTT, Wayne	1964		MALE 55-59	1:37:36
th	CRUSAD	ERS B 3h	07"03'			
	192	COTTLE, James	1956		MALE 65-69	1:00:33
	393	O DONNELL, Tim	1977		MALE 45-49	1:01:17
	347	MURRAY, Phelim	1990		MALE 30-34	1:05:13
th	Sportsw	orld 2 3h	07"39'			
	58	GILLEN, Martin	1976		MALE 45-49	1:00:26
	57	GILLEN, Anthony	1966		MALE 55-59	1:01:33
	200	DOYLE, Martin	1976		MALE 45-49	1:05:40
	211	FURLONG, Adam	1979		MALE 40-44	1:11:52
th	CRUSAD		15"54'			
-	111	PHELAN, Gareth	1994		MALE 25-29	1:01:02
	216	GLYNN, Brendan	1985		MALE 35-39	1:06:02
	96	MATTHEWS, Philip	1988		MALE 30-34	1:08:50
	80	KAVANAGH, Alan	1982		MALE 40-44	1:26:28
0th	Sportsw		32"21'	_		
UIII	95	MASTERSON, Ronan	1974		MALE 45-49	1:00:12
	84	KINSELLA, Thomas	1980		MALE 40-44	1:10:36
	04	MINOLLLA, IIIUIIIdS	1900		WALL 40-44	1.10.30



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	Bib	Name	DateOfBirth	ShowFlag	Age	Time
3	365	PURDY, Neil	1985		MALE 35-39	1:21:33
11th	BWFAC B		3h48"37'			
	18	TERRAS, Anthony	1969		MALE 50-54	1:08:29
2	30	BATES, Martin	1956		MALE 65-69	1:14:40
3	44	CRANE, Derek	1967		MALE 55-59	1:25:28
4	113	REASON, John	1959		MALE 60-64	1:29:35
12th	Only fools	and horses	3h55"53'			
1	250	MANN, Stuart	1944		MALE 75-79	1:15:17
<u> </u>	252	MARTIN, Emon	1961		MALE 60-64	1:19:17
}	368	ROGERS, Thomas	1965		MALE 55-59	1:21:19
4	205	EVANS, Michael	1960		MALE 60-64	1:22:15